

# Metacognition Planning

A long term plan for introducing and implementing metacognitive strategies in your classroom, department or school.

## Initial Training



Your initial training in understanding metacognition should equip you with potential strategies that can be used in your classroom.  
Don't overload, but choose 2 or 3 relevant strategies that you feel could work in your environment.

## Plan your approach



Plan, introduce & apply the strategies chosen, using relevant language and questions to help develop your students. Ensure the language is understood by students and normalise into everyday practice.

## Embed strategies



Implement the strategies chosen into daily activities and practice. Persist with the strategies, referring to the metacognition cycle to help student automate thinking to help them progress with their learning.

## Review strategies

Speak to nearby colleagues to review how use of the strategies are working for teachers & students. Review the activities used, refining or improving language & questions used. Revisit strategies available to develop repertoire, reviewing & reflecting regularly.



The 4p's of implementing metacognition in your practice.

- Permanence
- Patience
- Planning
- Persistence